FRESH MEET 2023

INTERMEDIATE DIVE POOL

- Colors are slot specific within each dive and RED is always the mentor.
- Freshlings can change slots (blue/green) between jumps, but not within jumps.
- Separation between points required.
- Some help understanding a dive pool: https://furycoaching.com/2021/09/27/quick-and-basic-4-way-rules/

















